

## Package leaflet – Information for the user

### ILUBE 5% w/v Eye Drops, Solution

acetylcysteine

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or your pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- In this leaflet ILUBE Eye Drops will be called ILUBE.

#### What is in this leaflet

1. What ILUBE is and what it is used for
2. What you need to know before you use ILUBE
3. How to use ILUBE
4. Possible side effects
5. How to store ILUBE
6. Contents of the pack and other information

#### 1. What ILUBE is and what it is used for

ILUBE contains the active substance acetylcysteine.

ILUBE is a solution that acts as an artificial tear.

It is used to provide relief for dry eyes conditions which are associated with a lack of tears or abnormal tear production. ILUBE works by reducing the stickiness of tears and lubricating dry eyes to relieve discomfort.

#### 2. What you need to know before you use ILUBE

##### Do not use ILUBE

- if you are allergic to acetylcysteine or any of the other ingredients of this medicine (listed in section 6).

##### Warnings and precautions

Talk to your doctor or pharmacist before using ILUBE.

ILUBE contains the preservative benzalkonium chloride, which can discolour soft contact lenses.

Stop using ILUBE if discomfort, increased reddening or irritation occurs and persists.

##### Children

This product should not be used on children.

##### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, talk to your doctor or pharmacist for advice before you use this medicine.

##### Driving and using machines

Your vision may be blurred after using ILUBE. **Do not drive or use any machines unless your vision is clear.**

### Other medicines and ILUBE

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

### ILUBE contains the preservative benzalkonium chloride

This medicine contains 0.1 mg benzalkonium chloride in each ml of solution.

Benzalkonium chloride may be absorbed by soft contact lenses and may change the colour of the contact lenses. You should remove contact lenses before using this medicine and put them back 15 minutes afterwards.

Benzalkonium chloride may also cause eye irritation, especially if you have dry eyes or disorders of the cornea (the clear layer at the front of the eye). If you feel abnormal eye sensation, stinging or pain in the eye after using this medicine, talk to your doctor.

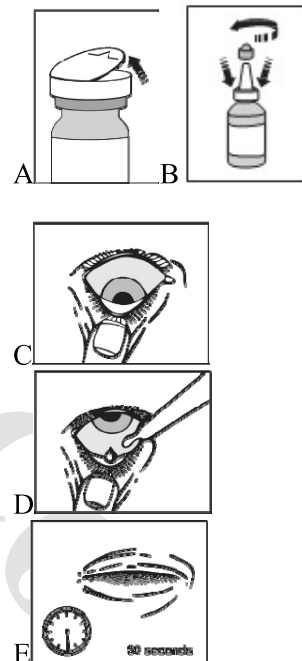
### 3. How to use ILUBE

Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is 1 or 2 drops into the affected eye 3 or 4 times daily or as advised by your doctor.

#### How to use

- Wash your hands before you start.
- Take the bottle, lift the side of the top as shown (see diagram A). Remove the yellow plastic disc and the adjoining aluminium ring.
- Remove the black rubber bung.
- Open the plastic bag and take out the plastic dropper.
- Push the plastic dropper onto the glass bottle. Unscrew the plastic cap as shown in diagram B.
- Tilt your head back.
- Bring the dropper close to the eye. Do this in front of a mirror if it helps.
- **Do not touch your eye or eyelid**, surrounding areas or other surfaces with the dropper. It could contaminate the drops.
- Pull down your lower eyelid with a finger (Diagram C), until there is a 'pocket' between the eyelid and your eye. Press lightly on the middle of the plastic dropper.
- Put one or two drops, as directed, in your eye (Diagram D).
- Close your eye for about 30 seconds (Diagram E).
- If you use drops in both eyes, repeat the steps for your other eye. Screw the cap on the plastic dropper.



If a drop misses your eye, try again.

#### If you use more ILUBE than you should

Close your eyes and rinse off any excess ILUBE with warm water.

#### If you forget to use ILUBE

Do not take a double dose to make up for a forgotten dose. Use it as soon as you remember.

**If the contents of the bottle are swallowed**

Tell your doctor or the casualty department of a hospital **immediately**.

If you have any further questions on the use of ILUBE, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

- **You may experience some or all of the following effects in your eye(s):** Itching, redness, irritation.

**If any of the side effects get serious, or you notice any side effects not listed in this leaflet, tell your doctor or pharmacist.**

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store ILUBE**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the bottle label and the carton after 'EXP'. The expiry date refers to the last day of that month.
- Do not store above 25°C. Keep the bottle in the outer carton in order to protect from light.
- Keep the bottle tightly closed.
- Shelf life after first opening: 28 days.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

**6. Contents of the pack and other information****What ILUBE contains**

- The active substance is acetylcysteine 50 mg/ml (5 % w/v).
- The other ingredients are hypromellose, disodium edetate, benzalkonium chloride, sodium hydroxide and purified water.

**What ILUBE looks like and contents of the pack**

ILUBE is a clear, colourless liquid supplied in a 10 ml amber glass bottle. The carton also contains a white plastic dropper with a screw cap packed separately.

**Marketing authorisation holder:**

Rayner Pharmaceuticals Limited,  
10 Dominion Way, Worthing, West Sussex, BN14 8AQ, United Kingdom.

**Manufacturer:**

Laboratories Pharmaster,  
Z.I. Krafft,  
F-67150 Erstein,  
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